



THE GOOD NEWS

San Marcos Lutheran
Church

Nov. 2018

Our Mission: "To know, accept and live the love of God and share it with others"

November 4th



We will remember all loved ones who have entered eternal life, lighting candles in their honor. Our young people have made a banner for each of our members who have entered eternal life since November, 2017 and they will be placed around the altar. This is a vivid reminder of our connection to one another through the Communion of Saints.

New Members Received at all services on Nov. 4th

Wed., November 21st
7:00 p.m.
Service of Holy Communion

Your own petitions of thanksgiving
will be included in our prayers.



ANNUAL CONGREGATIONAL MEETING -
Part One Dec. 9th at 10:30 a.m.

San Marcos Lutheran Church

3419 Grand Avenue San Marcos, CA 92078

(760) 727-1509

smlc3419@sbcglobal.net

Office Hours: Mon. - Fri.

8:30 a.m. - 4:30 p.m.

www.sanmarcoslutheran.org

All are Welcome! As a community of the people of God, the members of San Marcos Lutheran Church are called to welcome all people, regardless of age, economic status, ethnic background, gender, physical or mental ability, race or sexual orientation. We affirm that in Christ "there is neither Jew nor Greek, there is neither slave nor free, there is neither male or female." (Galatians 3:28)

Sunday Worship Hours: 8:30, 9:45, & 11:00 AM

Sunday School Children Age 3-12

9:45—10:30 a.m.

Pastor David P. Jorstad Pastor Karla J. Halvorson

Office Manager: Margo Scarpelli Choir Dir.: Justine Hansen

Bookkeeper: Eunice Hanson Organist: Randall Sensmeier

Volunteer Staff

Celebration of Joy Musicians Coordinator: Kirsten Bassett

Council Members

Kevin Bauder, President
Anne Voth, Vice President
Robin Rubin, Treasurer
Therese Balbo, Secretary
Marilyn Monell
Linda Breen

Ludette McNicholls
Daniel Weis
Melinda Nelson
Dan Norris
Rick Shoup
Cindy Angelini

Judith Moore, Dir. Music Emeritis

San Marcos Lutheran Preschool

(760)727-0326

www.smlcchild@sbcglobal.net

Ann Leong, Director

Teachers: Leilani Duran, Theresa Mohn,

Marit Greunke, Brittney Gibbs

The next Newsletter article deadline is Nov. 15th.



PLEASE CONTACT US!

We want to include you in our prayers, arrange for pastoral visits, and inform the congregation, when appropriate. Please notify the Church Office (760)727-1509 when:

- A loved one or someone you know dies
- You, or someone you know, is ill or grieving
- You, or someone you know, is in the hospital
- to plan a baptism, wedding, or celebration
- You moved or your contact information has changed

If office is closed, and you have an urgent need, contact Pastor David:

home (760)798-1226, cell (619)917-2994

email: pastorjorstadsmc@yahoo.com

Pastor Karla:

home, (760)754-1413, cell, (858)442-6761,

email: pastorkarlasmlc@sbcglobal.net



**Food Pantry
Donations Needed**

**ALL SAINTS EPISCOPAL
CHURCH FOOD PANTRY
COLLECTION IS NOVEMBER 4TH**

LIVING IN CONTINUAL THANKSGIVING

Sometimes it is easier to give thanks than at other times. We know that. When all is well, the sun is shining, our loved ones are healthy and the world is at peace, then it's not as big a deal to say, "Thank you God." But when we are challenged with the loss of a job or loss of health, it's not so simple. When there are hurts in our own family or we are lonely and afraid, it is hard to give thanks.

One of our strongest hymns of faith is "Now Thank We All Our God." Composed by Martin Rinkart, it is a joyous hymn of thanksgiving with a surprising story. Martin Rinkart was a Lutheran pastor in Saxony, Germany. In the 1600s during the Thirty Years' War, the walled city where he lived saw a steady stream of refugees pour through its gates. The Swedish army surrounded the city, plague and famine followed. Eight hundred homes were destroyed. So many people died that the pastors had to conduct dozens of funerals daily. Finally, all the pastors died, except Rinkart. He was the only one left having 50 funerals a day. When the Swedes demanded a huge ransom, Rinkart left the safety of the walls to plead for mercy. The commander, impressed by his faith and courage, lowered his demands. Soon afterward, the Thirty Years' War ended, and Rinkart wrote this hymn for a grand celebration service. After such suffering, he was still able to write a hymn of abiding trust and gratitude toward God.

Now thank we all our God, with heart and hands and voices,
who wondrous things has done, in Whom this world rejoices;
who from our mothers' arms has blessed us on our way
with countless gifts of love, and still is ours today.

When my own mother knew her days on this earth were nearing an end, she planned her funeral service. She chose those whom she wanted to lead the service, the scripture readings, and the hymns. The hymn of day she selected isn't one of the "popular" hymns used at funerals. In fact, I can't remember ever having another family request it. The hymn was: "Now Thank We All Our God." It was also the hymn sung at my parents' wedding. We sang it the day of Mom's funeral. At the end of the service the procession left the sanctuary. The cross led the way followed by her casket and family with the organist playing Bach's joyous music "Nun danke alle Gott." That music lightened our steps and comforted our hearts. Now, whenever we sing "Now Thank We All Our God" it reminds me; as we live and as we die, in all seasons of life we are called to live in continual thanksgiving.

My parents taught me to say thank you. They taught me well. As we live a life of continual thanksgiving, we can learn what it means to reach out to others in joy and thanksgiving so that no child of God will ever be forgotten.

O may this bounteous God through all our life be near us,
with ever joyful hearts and blessed peace to cheer us;
and keep us in His grace, and guide us when perplexed;
and free us from all ills, in this world and the next!

All praise and thanks to God the Father now be given;
the Son and Him Who reigns with Them in highest Heaven;
the one eternal God, Whom earth and Heaven adore;
for thus it was, is now, and shall be evermore.

Peace in Christ,
Pastor David Jorstad

☞My story- Pastor Karla Halvorson☜

This is hard to write about. I've spoken about it briefly, referred to it in my social work, but I've never written about it. It's hard seeing it in black and white. However, recent events won't let this be ignored. Perhaps I write this for myself, perhaps for members of the congregation, perhaps for all the children with the hope it will never happen to them.

When I was 21 years old, I was sexually assaulted. I was a student at the Lutheran Bible Institute in Issaquah, Washington. There was a retirement community right next door and sometimes the people living there would ask the students to house-sit. For the mere work taking care of a cat, I had the use of a beautiful home and two beautiful cars. The couple who lived there were going on a long cruise. He was retired physicist, a Ph.D., she the belle of the town.

In order for them to feel comfortable having me in their home, we had dinner together a few times. I remember the lively conversation, talking about science, theology, and, believe it or not, ethics. I felt flattered that he found me intelligent. We spoke about so many fascinating subjects. I recall feeling witty during those dinners. He made me feel like an intellectual equal.

I didn't think anything more about it. It was like having a fun, highly accomplished grandfather. In fact, he was just a few years younger than my grandfather.

They left on their cruise and all was well. Then one day I got the news that they were ending their cruise early. I don't remember the reason, but it seemed legitimate. They would have to return home weeks before the scheduled time. Unfortunately, the rooms at the college were rented by the semester and I hadn't budgeted for a dorm room at school.

No worries, he told me over the phone, I could stay in their guest room until the end of the semester. So, the couple returned home, and he asked if I could dine with them. This time, she seemed decidedly more cool to the idea than he was.

I was unsuspecting of any other motive.

By the grace of God, I received an overnight job at an assisted living through a friend. That meant I would not be in their home for the first few nights after their return. I also was scheduled to be a bridesmaid in a friend's wedding in another state. No problem, he told me. He would drive me to the airport.

It was while I was packing for my flight that he told me the true motive for returning home early. He missed me. He wanted to be with me. He said he had not had a conversation that intelligent or engaging in quite some time. He wanted to get to know me better, he really liked me, in fact, he thought he loved me.

The rest of the story is a bit of a blur. I let him drive me to the airport. Yes, I was uncomfortable, but I was also confused. When he touched me and kissed me, I felt I was having an out-of-body experience. I felt like I was floating somewhere outside the car window. It was not a good feeling.

He told me that if I had been in their home the night before, he would have come into the guest room when I was sleeping. I was petrified, but I did not yell or scream, or demand that he stop the car. I was silent.

I somehow made it onto the plane. I remember sitting in my seat, shaking. I looked at the emergency exit mid-flight and wondered what would happen if I pulled the lever and opened the door. It must be better been sitting here screaming internally and wanting to claw through my own skin.

I do recall thinking there was no one I could talk to. That somehow, for some reason, I needed to keep this a secret. Had he told me to keep it secret? I don't remember. It was implied.

I made it through the wedding. I don't remember much. Then I had an overnight with some of my best friends which coincided with a snowstorm. This meant I was with my closest friends for 48 hours.

Once again, I don't know why I'm so lucky. My best friend, Trixie, knew something was wrong and would not let it rest until I told her. She told me that what this man had done was wrong, that it was not my fault, and that I was right to tell her. She told me she would do anything in her power to keep me safe and help me press charges if I wanted.

It was such a relief to tell her. Her anger at this man was my shield and my defense. I did not have the strength. She gave it to me. She made me come up with a plan so that I would not have to see him again.

The other hero in the story is my father. When I told him, he listened carefully. He was uncomfortable, I could see that. But he contacted the couple and told the woman that her husband was to not contact me any longer, and that someone would be picking up my belongings from her, not him. I will never forget this incredible love from my father.

There was another woman, about the age of my mother, to whom I told my story, looking for support and advice. She was not helpful. She told me this was common, that I should get used to it. She said that this is how some men worked and I was naive to not figure it out. I never trusted again.

Why write about this now? Partially, because the resurgence of the memory won't let me go. Partially, to protect others from having this happen to them. Mostly, I believe, that through telling our stories that we are healed. I long to be healed.

I've worked for years as a therapist with children and youth. I've heard many stories of abuse, harassment, and assault. When people asked if it has ever happened to me, I would casually say yes, sort of. It was much easier to not go into detail. When it happened to me, I was an adult, for Pete's sake! I could have defended myself! Why was I so naive?

I guess my shame kept me quiet. And honestly, one of the worst parts was the horrible fear that he had lied about me being intelligent. Obviously, I told myself, I wasn't intelligent if I let this happen to me. Did he mean anything he said, or was that all to get me where he wanted me? That has haunted me for years. Perhaps I have more self-doubt and self-criticism as a result of this. I wouldn't be surprised if this is true.

We cannot let it end here. There must be some good that comes out of this. Thank God for a supportive husband and children who know this story. Thank God for good friends who pull the truth out of us.

Below is a guide that I have found quite helpful. Its intended for children, but it can work at any age. Notice the three faces. The bottom face represents good touch. Healthy hugs, high fives, encouraging words that make us feel good, loved, secure.

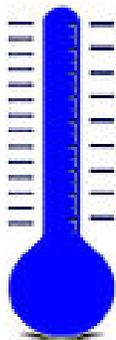
It's the middle face (and the frowning face) that need our attention. Look at that little face with its straight-mouthed line. The face is unsure, noncommittal. It has not decided if the touch, words, or situation were actually bad, or if perhaps they were an accident or a misunderstanding. If you identify in any way with that middle face, that is all you need to know you need to talk to someone. You do not need to know the answer, you do not need to figure out if you are in the right or in the wrong, but you do need to tell someone.

Parents, encourage your children to talk to you if they have any suspicion or any discomfort about an event or encounter. Encourage your friends and encourage yourself to do the same. Just feeling unsure about how you feel is reason to talk to someone you trust.

Parents, please go over this chart with your children. Talk about good touch, uncertain touch, and bad touch. We at the church can supply resources if you need them. Help your children identify three adults they trust whom they could speak to if any bad words, situations, or touch occur. They might not be able to talk to you right away. That's okay. But they need to know people who will listen to them, who they trust (and you trust), and who know what to do next.

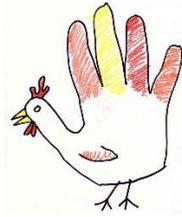
May the good Lord keep you safe, surround you with love and healing, give you courage and help you find your voice.

Pastor Karla



This touch feels bad, makes you want to get away, leaves you feeling bad about yourself, mad at others, scared, alone, yucky
This touch feels weird, a little uncomfortable. Too long of a hug, a touch that might have been accidental, anything that makes you feel not right.
This touch feels good. A hug from mom or dad, a high five from a teacher, a pat on the back.

November Youth Events



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Oct 28 **1:30 pm Dia de los Muertos** at Mission San Luis Rey. This outing will take the place of our regular Confirmation time. **Meet at El Camino High School parking lot** (400 Rancho del Oro, Oceanside) 1:30 pm. Make sure Pastor Karla knows you're coming so we look for you!

Nov 4 All Saints Sunday- come remember those who have gone before us with the lighting of candles and special prayers.

Nov 4 Confirmation 3:30 at First Lutheran Vista

Nov 11 Confirmation 3:30 at First Lutheran Vista

Nov 18 Sacred Parenting Class 10:40 Conference Room

Nov 18 9:45 Youth Assisted Worship and Senior High Breakfast Out

Nov 18 Sunday school kids (ages 4 and up) make Chrismons with Jill Logsdon (Luther Hall)

Nov 18 Confirmation 3:30 at First Lutheran Vista

Nov 21 Wednesday, Thanksgiving Eve Services 7 pm (help needed!)

Nov 25 9:45 and again at 10:40 No formal Sunday school
BUT the making of Chrismons with Jill Logsdon (Luther Hall)

No Confirmation – Thanksgiving break

Dec 1 Saturday 3:00- 6 pm Christmas Tree Decorating and Caroling Party (“God’s Work, Our Voices”)

Dec 2 Sunday Confirmation 3:30 at *San Marcos Lutheran*

SUNDAY SCHOOL EVERY Sunday (or Sunday school event)

9:45 starting in Sanctuary.

Questions? Contact Pastor Karla PastorKarlasmlc@sbcglobal.net

858-442-6761 cell

Senior High- Daniel Norris daniel.norris@sbcglobal.net

Sunday School- Rachel Gustin, rachelanncgutierrez@gmail.com

FROM YOUR TREASURER

End of Sept. 2018

75% of year

Income

Annual Budget	Actual YTD	% of Budget
\$409,267	\$271,497	66.34%

Expenses

Annual Budget	Actual YTD	% of Budget
\$409,267	\$293,577	71.73%

At the end of Sept, expenses exceeded income in the General Fund by \$22,080 YTD. While a deficit isn't unusual this time of year the next few months of giving are crucial in order to end 2018 in the black. Your Congregational Council asks for your prayers and financial support in whatever way you are able to respond. Together we can make sure that the mission and ministry of San Marcos Lutheran continues to thrive. Thank you all for your generous support!

REMEMBER IN PRAYER:

Prayers of healing for Martha Stover, Evi Quinn, and Sadie Thompson.

Our sympathy to Charlotte Rohmund at the death of her husband, Hugo. May God comfort all who mourn with the hope of the resurrection.

**Adult
Forum**

9:45 a.m. in Luther Hall

Nov. 4th & 11th

Making Sense of Scripture (David Lose)
led by Pastors Dell and Frances Olson

Nov. 18th & 25th

Chrismon Making for the SMLC Tree
led by Jill Logsdon

**TUES. MORNING BIBLE CLASS**

led by Pastor Dell & Pastor Fran Olson

Tuesday, Nov. 6th, (in nursery)

Tues., Nov. 20th (in Luther Hall)

10:00 a.m.

We will continue our study of Genesis.

MEN'S BREAKFAST & BIBLE STUDY

led by Pastor David

Nov. 10th at 8:00 am

in Luther Hall

Phone Tom McDaniel for details

(760)644-0506.

WOMEN'S BAGELS & BIBLE STUDY

Sat., Nov. 17th, 10:00 a.m.

in Luther Hall

SACRED PARENTING BIBLE STUDY

Sun., Nov. 18th 10:40 a.m.

in Conference Room

FOURTH TUES. BIBLE/BOOK STUDY

Tues., Nov. 27th

led by Pastor Karla

in Luther Hall

STOCK OPTIONS

Some families find it advantageous at this time of the year to gift the congregation with shares of appreciated stock. (Speak with your tax advisor to see if this works for you.) The church has a brokerage account to handle such transactions. If you need information on how to set this up speak with Robin Ruben, treasurer or Pastor David Jorstad.



HAVEN HOUSE

Our Oktoberfest dinner was well-received by the residents. Special thanks to Ross Hansen who grilled all the bratwurst! In November we will return to our Taco Casserole meal. Please contact Doris Payne (760-653-3026 or dorispayne3247@gmail.com) if you would like to contribute, prepare, and/or serve on Nov. 11th. Thanks to all of you who help regularly or occasionally. This is such a great ministry to those striving to move from homelessness to housing.

SMLC WOMEN - SAVE THE DATES

Please save March 1-3, 2019 for our Women's Retreat. Sign-ups will start soon. Scholarships are available



**FUN & FELLOWSHIP MEN'S GROUP
WITH FIRST LUTHERAN, SAN
MARCOS LUTHERAN, KING OF
KINGS, AND BETHLEHEM OF
ENCINITAS**

Pacific View NCO Club, Camp Pendleton Catfish
Lunch

in November - Date will be announced soon.

Cost: \$12.50 per person +tip

To carpool, be at Bill Hanson's at 11:30 a.m., 3627

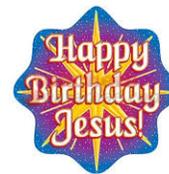
Cerro Ave, Oceanside

(760)805-4565

or we will meet you at the NCO club at noon.



As a congregation, we are not focusing on Oaks at this time, but please continue to keep this program and these children and staff in your prayers. We spoke to Pastor Don Marshall at Oaks, and he expressed his sincere thanks and appreciation for our ongoing thoughts and prayers. They are currently seeking a new house parent for one of the girls' cottages, so there is a waiting list. Several of the children have recently been baptized at Eben Ezer Lutheran Church, where they have an interim pastor. The Cherokee Nation donates to them once a year from profits from a golf tournament. Unfortunately it rained at that October 13th event, but they did receive approximately \$12,000. It's a challenging ministry, but they are faithful in keeping it going and providing a safe, loving home for vulnerable Indian children from various tribes.



**SMLC WOMEN, COME CELEBRATE
THE HAPPY BIRTHDAY JESUS PARTY
Sat. Dec. 15th at 11:30 a.m. in Luther Hall**

Christmas Salad Potluck Luncheon

Guest Speaker, Pastor Gene Holtz

Martin Luther's Christmas Sermon

Dessert and beverages will be provided.



SMLC Children's Center News NOVEMBER 2018

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Ann Leong, Director • 760-727-0326 • smlcchild@sbcglobal.net



Thanksgiving is a time of reflecting on the many blessings that God has given us throughout the year. As a Pre-school, we encourage the children to reflect each day on the many blessings in their lives. At daily chapel, the children pray for their families, friends, for God's amazing creation and for all sorts of things. But it's also important that we teach the children that not everyone is blessed in the same way. During the month of November, we will be collecting non-perishable food for Interfaith Food Pantry in Oceanside. Donations will be accepted November 1-16th and we will take it all to the pantry on Friday afternoon (16th) after we close. Happy Thanksgiving! I'm so thankful for all of you...Blessings, Mrs. Leong

Upcoming Events and Reminders

November 1st-16th:

Food collection for Interfaith Food Pantry

Sun, November 4th: Daylight Saving Time Ends...FALL BACK!

Fri, November 9th: School closed in observance of Veterans' Day

Thurs & Fri, Nov 15th & 16th: Thanksgiving Feast Days for enrolled kids only. We will provide LUNCH! We close at Noon on these two days! NO LUNCH BUNCH!!

November 19th-23rd: Thanksgiving Break! NO SCHOOL ..see you back here on Mon, Nov 26th!

Thurs & Fri, Nov 29th & 30th: November Birthday Celebrations

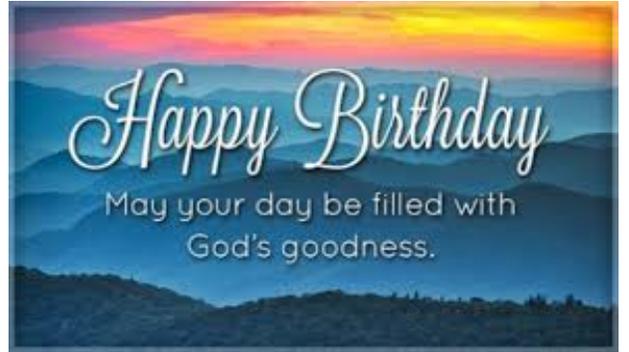


Partnering with SMLC & Looking ahead...

Sat, December 1st: God's Work, Our Voices! 3:30-6:00pm...Preschoolers' families invited to sing Christmas carols with P. Karla, Mrs. Leong & Staff at a nearby Nursing Home. FREE DINNER afterwards at the church!

Fri, December 7th: Parent's Night Out from 5:30-8:00pm...save the date and take advantage of a date night out! Details to follow...Sign-ups available on Nov 26th!

Learn  Live  Share  the Love of God



Nov. 4 **All Sants Sunday**
 First Reading: Isaiah 25:6-9
 Second Reading: Rev. 21:1-6a
 Gospel: John 11:32-44

Nov. 11 **25th Sun. after Pentecost**
 First Reading: 1 Kings 17:8-16
 Second Reading: Hebrews 9:24-28
 Gospel: Mark 12:38-44

Nov. 18 **26th Sun. after Pentecost**
 First Reading: Dan 12:1-3
 Second Reading: Hebrews 10:11-18
 Gospel: Mark 13:1-8

Nov. 21 **Thanksgiving Eve**
 First Reading: Joel 2:21-27
 Second Reading: 1 Tim 2:1-7
 Gospel: Matt 6:25-33

Nov. 25 **Christ the King**
 First Reading: Dan 7:9-10, 13-14
 Second Reading: Rev 1:4b-8
 Gospel: John 18:33-37

11/1 Caroline Nilsen
 11/2 Cameron Bauder
 Caroline Noesgaard
 Dobbie Thurman
 11/3 Makena Leonard
 11/4 Nancy Roberts
 11/5 Chance McDaniel
 11/10 Hayley Johnson
 Christian Noesgaard
 11/11 Dave Roberts
 11/12 Bernardina Bowers
 11/13 Jane Gearhart
 11/14 Zachary Geu
 11/16 Dean McCoy
 Jennifer Murray
 11/17 Lisa O'Carroll
 Luke Oliveira
 11/18 Grace Holtz
 Melinda Nelson
 11/20 David Klinger
 11/22 Nicholas Oliveira
 11/24 Doris Balsmeyer
 Marylin Nielsen
 11/25 Kristopher Jerpseth
 Matthew Leonard
 11/26 Cory Martin
 Yvonne McCoy
 11/28 Diana Coker
 11/28 Peter Martin



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:30 am Pre-school Chapel, Sanctuary 7:00 pm Choir 7:00 pm AA, LH	2 10:30 am St. Joseph Chapel, Sanctuary	3 10:00-11:30 a.m. New Member Orientation
4 All Saints Sun. New Members Received 8:30 & 11 am Svcs 9:45 am Informal Svc & Sun Sch, Adult Ed 12:15 Endowment 3:30 pm Conf 7:00 pm AA, LH	5 11:30 am AA, LH	6 Election Day Luther Hall in Use all day/eve. 10:00 am Bible Study, Nursery	7 9:30 am Centering Prayer Group, Nursery 10:30 am Preschool Chapel, Sanctuary 11:00 am Staff Mtg 11:30 am AA, LH	8 10:30 am Preschool Chapel, Sanctuary 7:00 pm Choir 7:00 pm AA, LH	9	10 8:00 am Men's Breakfast & Bible Study, LH
11 25th Sun. after Pentecost 8:30 & 11 am Svcs 9:45 am Informal Svc 9:45 am Sun Sch, Adult Ed. LH 3:30 Conf 7:00 pm AA, LH	12 9:30 am Prayer Shawl Group, LH 11:30 am AA, LH	13 10:30 am Preschool Chapel, Sanctuary	14 9:30 am Centering Prayer Group, Nursery 10:30 am Preschool Chapel, Sanctuary 11:30 am AA, LH 11:30 am Men's Lunch at Camp Pendleton	15 7:00 pm Choir 7:00 pm AA, LH	16 10:30 am St. Joseph Chapel, Sanctuary	17 10:00 am Women's Bagels & Bibles, LH
18 26th Sun. after Pentecost 8:30 & 11 am Svcs 9:45 am Informal Svc, Adult Ed. LH Sun Sch. 10:40 am Sacred Parenting, Conf. Rm 1:30-3:30 pm Sanctuary in Use 3:30 pm Conf 7:00 pm AA, LH	19 11:30 am AA, LH	20 10:00 am Bible Study, LH	21 9:30 am Centering Prayer Group, Nursery 11:30 am AA, LH 7:00 pm Thanksgiving Eve Service	22 Thanksgiving Office closed today and Fri. 7:00 pm AA, LH	23	24
25 Christ the King 8:30 & 11 am Svcs 9:45 am Informal Svc, Adult Ed. LH 7:00 pm AA, LH	26 11:30 am AA, LH	27 9:00 - 3:00 Sanctuary in use	28 9:30 am Centering Prayer Group, Nursery 10:30 am Preschool Chapel, Sanctuary 11:30 am AA, LH	29 10:30 am Preschool Chapel, Sanctuary 7:00 pm Choir 7:00 pm AA, LH	30	

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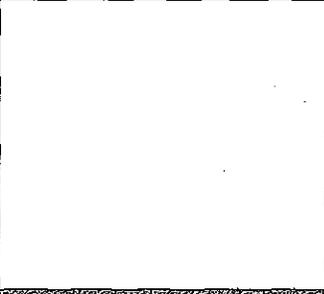
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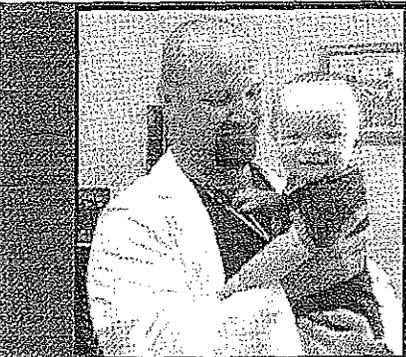
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 • No Appointment necessary. Walk-ins welcome.
 • Average wait time of 30 minutes or less

• Both locations offer:

- On-site Lab Services
- On-site X-Ray
- On-site Surgery Day
- Orthopedics

• Colds, Coughs, & Allergies
 • Infections & Broken Bones

We are part of the **Scripps Physicians Medical Group**

We Accept Medicare & Tricare

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 Temecula, CA 92590
 Ph: 951.308.4451 | Fax: 951.506.0992
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